



Name: _____

Date: _____

Food Groups

Match the foods with their food groups.

Vegetables



Fruits



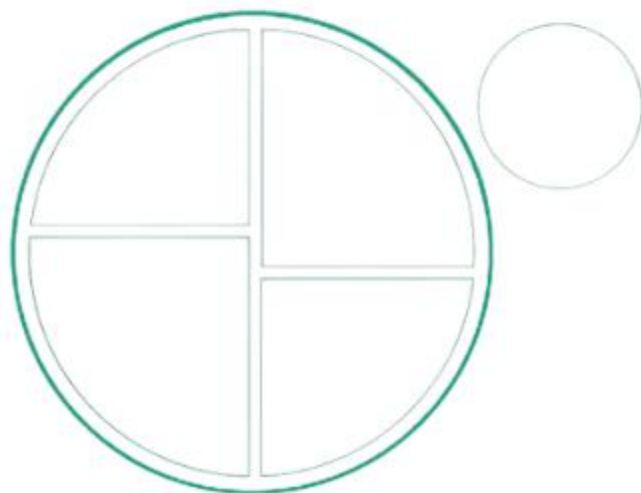
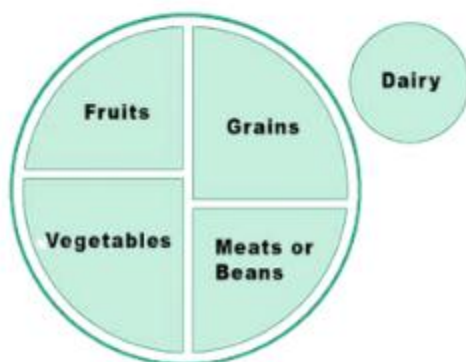
Grains



Meats or
Beans



Draw a balanced meal you'd like to eat. Follow the labels.

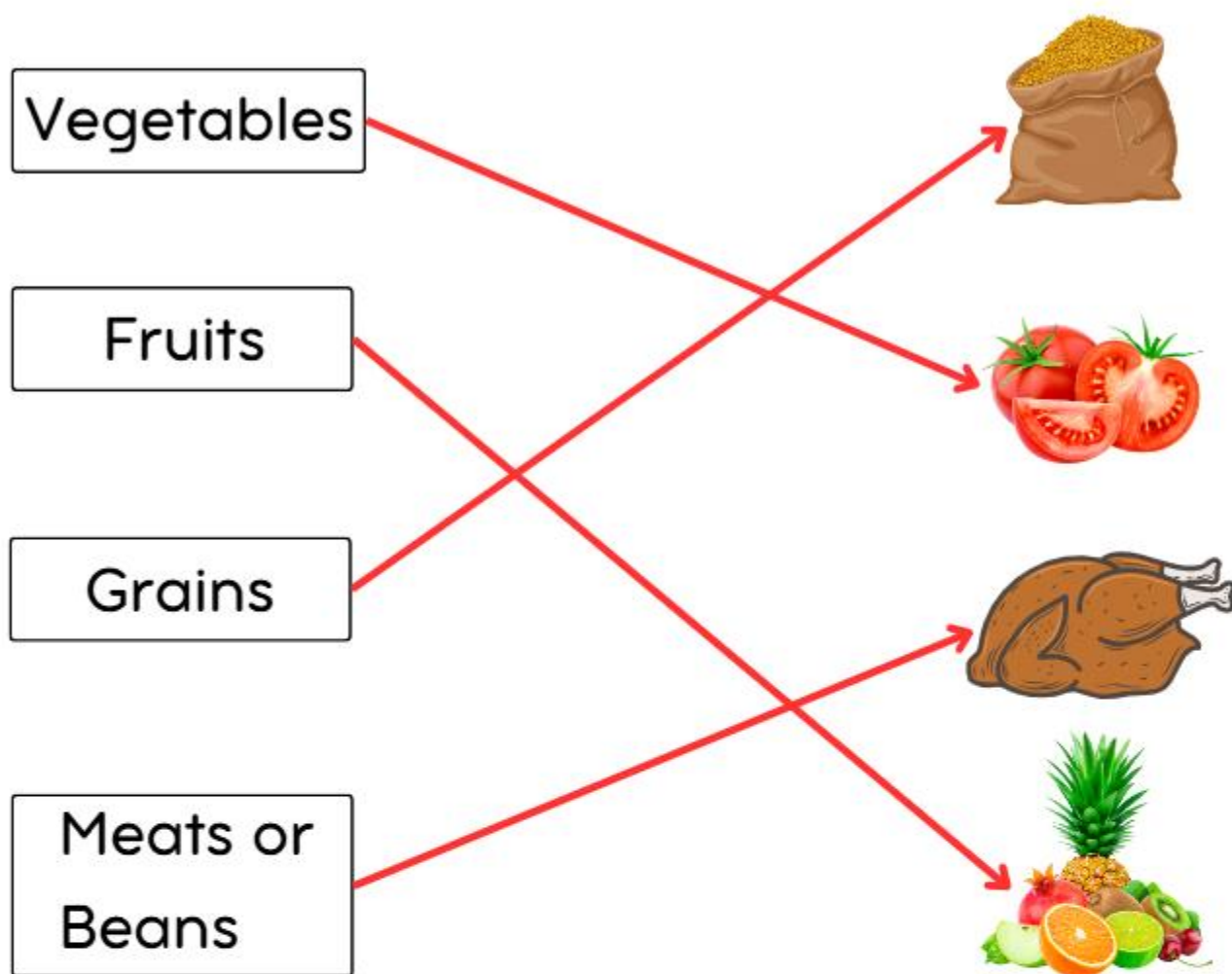




Name: _____

Date: _____

Answers



Draw a balanced meal you'd like to eat. Follow the labels.
(Answers may vary)

